PRODUCT MONOGRAPH
INCLUDING CONSUMER INFORMATION

BUPIVACAINE INJECTION BP

Bupivacaine hydrochloride 0.25% (2.5 mg/mL) and 0.5% (5 mg/mL)

Local Anaesthetic

SteriMax Inc.
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L6H 6R4

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PART I: HEALTH PROFESSIONAL INFORMATION

SUMMARY PRODUCT INFORMATION

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<th>Route of Administration</th>
<th>Dosage Form / Strength</th>
<th>Non-medicinal Ingredients</th>
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</thead>
<tbody>
<tr>
<td>Parenteral</td>
<td>Sterile Solution / 2.5 /mL and 5 mg/mL bupivacaine hydrochloride</td>
<td>Sodium chloride, sodium hydroxide and/or hydrochloric acid, water for injection See Dosage Forms, Composition and Packaging section</td>
</tr>
</tbody>
</table>

INDICATIONS AND CLINICAL USE

Adults (> 18 years of age):

BUPIVACAINE INJECTION BP (bupivacaine hydrochloride) is indicated for:

- Local infiltration
- Peripheral minor or major nerve blocks
- Epidural block for surgery
- Epidural block by continuous infusion or intermittent bolus for postoperative or labour pain relief

Standard procedures for local infiltration, minor and major nerve blocks, retrobulbar block or epidural block should be observed.

Geriatrics (> 65 years of age):
Elderly patients should be given reduced doses commensurate with their age and physical condition.

Pediatrics (< 2 years of age):
Until further experience is gained in children younger than two years, administration of any presentation of bupivacaine injection in this age group is not recommended.

CONTRAINDICATIONS

BUPIVACAINE HYDROCHLORIDE BP (bupivacaine hydrochloride) is contraindicated:
• In patients with a hypersensitivity to bupivacaine, or to any ingredient in the formulation or component of the container (see DOSAGE FORMS, COMPOSITION AND PACKAGING).

• In patients with hypersensitivity to any local anaesthetic agent of the amide type.

• For intravenous regional anaesthesia (Bier block) since unintentional leakage of bupivacaine over the tourniquet may cause systemic toxic reactions. Cardiac arrest and death have occurred (see DOSAGE AND ADMINISTRATION).

• In obstetric paracervical block anaesthesia. Use of other local anaesthetics in this technique has resulted in foetal bradycardia and death.

WARNINGS AND PRECAUTIONS

General
LOCAL ANAESTHETICS SHOULD ONLY BE USED BY CLINICIANS WHO ARE WELL VERSED IN DIAGNOSIS AND MANAGEMENT OF DOSE-RELATED TOXICITY AND OTHER ACUTE EMERGENCIES WHICH MAY ARISE FROM THE BLOCK TO BE PERFORMED, AND THEN ONLY AFTER ENSURING THE IMMEDIATE AVAILABILITY OF CARDIOPULMONARY RESUSCITATIVE EQUIPMENT, RESUSCITATIVE DRUGS, INCLUDING OXYGEN, AND THE PERSONNEL RESOURCES NEEDED FOR PROPER MANAGEMENT OF TOXIC REACTIONS AND RELATED EMERGENCIES (see ADVERSE REACTIONS AND OVERDOSAGE). DELAY IN PROPER MANAGEMENT OF DOSE-RELATED TOXICITY, UNDERVENTILATION FROM ANY CAUSE AND/OR ALTERED SENSITIVITY MAY LEAD TO THE DEVELOPMENT OF ACIDOSIS, CARDIAC ARREST AND, POSSIBLY, DEATH.

AN INTRAVENOUS CANNULA MUST BE INSERTED BEFORE THE LOCAL ANAESTHETIC IS INJECTED FOR NERVE BLOCKS WHICH MAY RESULT IN HYPOTENSION OR BRADYCARDIA, OR WHERE ACUTE SYSTEMIC TOXICITY MAY DEVELOP FOLLOWING INADVERTENT INTRAVASCULAR INJECTION.

THE LOWEST DOSAGE OF LOCAL ANAESTHETIC THAT RESULTS IN EFFECTIVE ANAESTHESIA OR ANALGESIA SHOULD BE USED TO AVOID HIGH PLASMA LEVELS AND SERIOUS ADVERSE REACTIONS. INJECTIONS SHOULD BE MADE SLOWLY OR IN INCREMENTAL DOSES, WITH FREQUENT ASPIRATIONS BEFORE AND DURING THE INJECTION TO AVOID INTRAVASCULAR INJECTION.

Reports of Irreversible Chondrolysis with Intra-articular Infusions of Local Anaesthetics Following Surgery: Intra-articular infusions of local anaesthetics following arthroscopic and other surgical procedures is an unapproved use, and there have been postmarketing reports of irreversible chondrolysis in patients receiving such infusions. The majority of reported cases of irreversible chondrolysis have involved the shoulder joint; cases of gleno-humeral irreversible chondrolysis have been described in pediatric and adult patients following intra-articular infusions of local anaesthetics with and without epinephrine for periods of 48 to 72 hours. The time of onset of symptoms, such as joint pain, stiffness and loss of motion can be variable, but may begin as early as the 2nd month after surgery. Currently, there is no effective treatment for irreversible chondrolysis; patients who experienced
irreversible chondrolysis have required additional diagnostic and therapeutic procedures and some required arthroplasty or shoulder replacement. **BUPIVACAINE INJECTION BP** (bupivacaine hydrochloride) should not be used for post-operative intra-articular infusion (See DOSAGE AND ADMINISTRATION).

**Repeat Dosing:** Injection of repeated doses of local anaesthetics may cause significant increases in plasma levels with each repeated dose due to slow accumulation of the drug, or its metabolites, or to slow metabolic degradation. Tolerance to elevated blood levels varies with the physical condition of the patient.

**Major Peripheral Nerve Blocks:** Major peripheral nerve blocks may imply the administration of a large volume of local anaesthetic in areas of high vascularity, often close to large vessels where there is an increased risk of intravascular injection and/or rapid systemic absorption which can lead to high plasma concentrations.

**Use of Parenteral Solutions Containing Epinephrine:** Bupivacaine hydrochloride with epinephrine should not be used in areas of the body supplied by end arteries, such as digits, nose, ears or penis, or otherwise having compromised blood supply.

**Inflammation and Sepsis:** Local anaesthetic procedures should be carried out sufficiently away from an inflamed region. Injections should not be performed through inflamed tissue or when there is sepsis at or near the injection site.

**Cardiovascular**

There have been reports of cardiac arrest or death during use of bupivacaine for epidural anaesthesia or peripheral nerve blockade. In some instances, resuscitation has been difficult or impossible despite apparently adequate preparation and management.

Ventricular arrhythmia, ventricular fibrillation, sudden cardiovascular collapse and death have been reported when bupivacaine was utilized for local anaesthetic procedures that may have resulted in high systemic concentrations of bupivacaine.

Epidural anaesthesia or analgesia may lead to hypotension and bradycardia. The risk of such effects can be reduced either by preloading the circulation with crystalloidal or colloidal solutions or by injecting a vasopressor. Hypotension should be treated promptly with a sympathomimetic intravenously and repeated as necessary. Children should be given appropriate treatment in doses commensurate with their age and weight.

Bupivacaine with epinephrine should be used with caution in patients who may have severe or untreated hypertension, ischemic heart disease, cerebral vascular insufficiency, heart block, peripheral vascular disorder and any other pathological condition that might be aggravated by the effects of epinephrine. Local anaesthetics should be used with caution in patients with impaired cardiovascular function because they may be less able to compensate for functional changes associated with the prolongation of A-V conduction produced by amide-type local anaesthetics.
Patients with partial or complete heart block require special attention since local anaesthetics may depress myocardial conduction. To reduce the risk of potentially serious adverse reactions, attempts should be made to optimize the patient’s condition before major blocks are performed. Dosage should be adjusted accordingly.

Central nerve blocks may cause cardiovascular depression, especially in the presence of hypovolemia. Epidural anaesthesia should be used with caution in patients with impaired cardiovascular function.

**Endocrine**

Bupivacaine with epinephrine should be used with caution in patients whose medical history and physical evaluation suggest the existence of poorly controlled hyperthyroidism or advanced diabetes.

**Epidural Anaesthesia**

It is recommended that a test dose be administered initially and the effects monitored before the full dose is given (see DOSAGE AND ADMINISTRATION). When clinical conditions permit, the test dose should contain epinephrine (15 to 25 μg) as this amount of epinephrine, if injected into a blood vessel, is likely to produce a transient response within 45 seconds consisting of an increase in heart rate and systolic blood pressure. Patients on beta-blockers may not manifest changes in heart rate, but blood pressure monitoring can detect an evanescent rise in systolic blood pressure.

During epidural administration, bupivacaine should be administered in incremental doses of 3 to 5 mL with sufficient time between doses to detect toxic manifestations of unintentional intravascular or intrathecal injection. Frequent aspirations for blood or cerebrospinal fluid (where applicable, i.e., when using a “continuous” intermittent catheter technique), should be performed before and during each supplemental injection because plastic tubing in the epidural space can migrate into a blood vessel or through the dura. A negative aspiration, however, does not ensure against an intravascular or intrathecal injection.

**Injection in Head and Neck Area**

Inadvertent intravascular or subarachnoid injection of small doses of local anaesthetics injected into the head and neck area, including retrobulbar, dental and stellate ganglion blocks, may produce adverse reactions similar to systemic toxicity seen with unintentional intravascular injections of larger doses. The injection procedures require the utmost care. Confusion, convulsions, respiratory depression and/or respiratory arrest, and cardiovascular stimulation or depression leading to cardiac arrest, have been reported. These reactions may be due to intra-arterial injection of the local anaesthetic with retrograde flow to the cerebral circulation. Patients receiving these blocks should remain under constant observation and monitoring for their cardiac and pulmonary functions. Resuscitative equipment and personnel for treating adverse reactions should be immediately available. Dosage recommendations should not be exceeded (see DOSAGE AND ADMINISTRATION).

**Ophthalmic Surgery**

Retrobulbar injections may very occasionally reach the cranial subarachnoid space causing temporary blindness, cardiovascular collapse, apnoea, convulsions, etc. These reactions, which may be due to intra-
arterial injection or direct injection into the central nervous system via the sheaths of the optic nerve, must be diagnosed and treated promptly.

Clinicians who perform retrobulbar blocks should be aware that there have been reports of respiratory arrest following local anaesthetic injection. Prior to retrobulbar block, as with all other regional procedures, the immediate availability of equipment, drugs, and personnel to manage respiratory arrest or depression, convulsions, and cardiac stimulation or depression should be assured (see also WARNINGS AND PRECAUTIONS, Injection in Head and Neck Area).

Retrobulbar injections of local anaesthetics carry a low risk of persistent ocular muscle dysfunction. The primary causes include trauma and/or local toxic effects on muscles and/or nerves. The severity of such tissue reactions is related to the degree of trauma, the concentration of the local anaesthetic and the duration of exposure of the tissue to the local anaesthetic. For this reason, as with all local anaesthetics, the lowest effective concentration and dose of local anaesthetic should be used. Vasoconstrictors, and other additives may aggravate tissue reactions and should be used only when indicated.

**Hepatic**

Because amide-type local anaesthetics such as bupivacaine are metabolized by the liver, these drugs, especially repeat doses, should be used cautiously in patients with hepatic disease. Patients with severe hepatic disease, because of their inability to metabolize local anaesthetics normally, are at a greater risk of developing toxic plasma concentrations.

**Neurologic**

**Psychomotor effects:** Local anaesthetics may have a dose-dependent effect on mental function and coordination, causing temporary impairment of locomotion and alertness, even in the absence of overt CNS toxicity.

**Peri-Operative Considerations**

It is essential that aspiration for blood or cerebrospinal fluid (where applicable) be done prior to injecting any local anaesthetic, for both the original dose and all subsequent doses, to avoid intravascular or subarachnoid injection. However, a negative aspiration does not ensure against an intravascular or subarachnoid injection.

The safety and effectiveness of local anaesthetics depend on proper dosage, correct technique, adequate precautions and readiness for emergencies. Regional or local anaesthetic procedures should always be performed in a properly equipped and staffed area.

Resuscitative equipment and resuscitative drugs, including oxygen, should be available for immediate use (see WARNINGS and ADVERSE REACTIONS and OVERDOSAGE). During major regional nerve blocks, the patients should be in an optimal condition and have i.v. fluids running via an indwelling catheter to assure a functioning intravenous pathway. The clinician responsible should have adequate and appropriate training in the procedure to be performed, should take the necessary precautions to avoid intravascular injection (see DOSAGE AND ADMINISTRATION), and should be
familiar with the diagnosis and treatment of side effects, systemic toxicity and other complications (see ADVERSE REACTIONS and OVERDOSAGE).

Careful and constant monitoring of cardiovascular and respiratory vital signs (adequacy of ventilation) and the patient’s state of consciousness should be performed after each local anaesthetic injection. It should be kept in mind at such times that restlessness, anxiety, incoherent speech, lightheadedness, numbness and tingling of the mouth and lips, metallic taste, tinnitus, dizziness, blurred vision, tremors, twitching, depression, or drowsiness may be early warning signs of central nervous system toxicity.

**Renal**

Local anaesthetics should be used with caution in patients in poor general condition due to severe renal dysfunction although regional anaesthesia is frequently indicated in these patients.

**Special Populations**

Debilitated and acutely ill patients should be given reduced doses commensurate with their age and physical condition.

**Pregnant Women:** There are no adequate and well-controlled studies in pregnant women of the effect of bupivacaine on the developing foetus.

Bupivacaine has been used in a large number of pregnant women and women of childbearing age for surgical, gynaecological, or obstetric procedures. No specific disturbances to the reproductive process have so far been reported, e.g., no increased incidence of malformations.

However, bupivacaine should be used during pregnancy only if the potential benefit justifies the potential risk to the foetus. This does not exclude the use of bupivacaine at term for obstetrical anaesthesia or analgesia.

**Labour and Delivery:** Bupivacaine hydrochloride with or without epinephrine 0.25% and 0.5% can be used at term for obstetrical anaesthesia or analgesia.

Local anaesthetics rapidly cross the placenta, and when used for epidural block anaesthesia, can cause varying degrees of maternal, foetal and neonatal toxicity (see ACTION AND CLINICAL PHARMACOLOGY). The incidence and degree of toxicity depend upon the procedure performed, the type and amount of drug used, and the technique of drug administration. Adverse reactions in the parturient, foetus and neonate involve alterations of the central nervous system, peripheral vascular tone and cardiac function.

Maternal hypotension has resulted from regional anaesthesia (see WARNINGS AND PRECAUTIONS, Cardiovascular). Local anaesthetics produce vasodilation by blocking sympathetic nerves. It is extremely important to avoid aortocaval compression by the gravid uterus during administration of regional block to parturients. Elevating the patient’s legs and positioning her on her left side will help prevent decreases in blood pressure. The foetal heart rate also should be monitored continuously, and electronic foetal monitoring is highly advisable.
Epidural anaesthesia may alter the forces of parturition through changes in uterine contractility or maternal expulsive efforts. Epidural anaesthesia has been reported to prolong the second stage of labour by removing the parturient’s urge to bear down or by interfering with motor function. The use of bupivacaine hydrochloride 0.25% has been shown to interfere less than the 0.5% solution. Obstetrical anaesthesia may increase the need for forceps assistance.

The addition of epinephrine may potentially decrease uterine blood flow and contractility, especially after inadvertent injection into maternal blood vessels.

**Nursing Women:** Bupivacaine is excreted in the breast milk, but in such small quantities that there is generally no risk of affecting the infant at therapeutic doses. It is not known whether epinephrine enters breast milk or not, but it is unlikely to affect the breast-fed infant.

**Pediatrics:** Until further experience is gained in children younger than two years, administration of any presentation of bupivacaine injection in this age group is not recommended.

**Geriatrics:** Elderly patients should be given reduced doses commensurate with their age and physical condition.

**ADVERSE REACTIONS**

Reactions to bupivacaine are characteristic of those associated with other local-acting anaesthetics of the amide type.

Adverse reactions to local anaesthetics are very rare in the absence of overdose or inadvertent intravascular injection. The effects of systemic overdose and unintentional intravascular injections can be serious, but should be distinguished from the physiological effects of the nerve block itself (e.g. a decrease in blood pressure and bradycardia during epidural anaesthesia). Neurological damage, caused directly (e.g. nerve trauma) or indirectly (e.g. epidural abscess) by the needle puncture, is a rare but well recognised consequence of regional, and particularly epidural anaesthesia.

The most commonly encountered acute adverse experiences that demand immediate management are related to the central nervous system and the cardiovascular system. These adverse experiences are generally dose-related and due to high plasma levels which may result from overdosage (see OVERDOSAGE), rapid absorption from the injection site, diminished tolerance or from inadvertent intravascular injection. In addition to systemic dose-related toxicity, unintentional subarachnoid injection of drug during the intended performance of caudal or lumbar epidural block or nerve blocks near the vertebral column (especially in the head and neck region) may result in underventilation or apnoea (“Total or High Spinal”). Also, hypotension due to loss of sympathetic tone and respiratory paralysis or underventilation due to cephalad extension of the motor level of anaesthesia may occur. This may lead to secondary cardiac arrest if untreated.

**Central Nervous System:** These are characterized by excitation and/or depression. Restlessness, anxiety, dizziness, tinnitus, blurred vision or tremors may occur, possibly proceeding to convulsions. However, excitement may be transient or absent, with depression being the first manifestation of an
adverse reaction. This may quickly be followed by drowsiness merging into unconsciousness and respiratory arrest. Other central nervous system effects may be nausea, vomiting, chills, paraesthesia, numbness of the tongue, hyperacousis, lightheadedness, dysarthria and constriction of the pupils.

**Cardiovascular System:** High doses or unintentional intravascular injection may lead to high plasma levels and related depression of the myocardium, decreased cardiac output, heart block, hypotension, bradycardia, hypertension, ventricular arrhythmias, including ventricular tachycardia and ventricular fibrillation, and cardiac arrest. Reactions due to systemic absorption may be either slow or rapid in onset. Cardiovascular collapse and cardiac arrest can occur rapidly (see WARNINGS AND PRECAUTIONS, Cardiovascular and OVERDOSAGE sections).

**Allergic:** Allergic type reactions are rare (<0.1%) and may occur as a result of sensitivity to local anaesthetics of the amide type. These reactions are characterized by signs such as urticaria, pruritis, erythema, angioneurotic oedema (including laryngeal oedema), tachycardia, sneezing, nausea, vomiting, dizziness, syncope, excessive sweating, elevated temperature, and in the most severe instances, anaphylactic shock.

**Neurologic:** The incidence of adverse neurologic reactions may be related to the total dose of local anaesthetic administered but is also dependent upon the particular drug used, the route of administration and the physical condition of the patient. Nerve trauma, neuropathy, urinary retention, diplopia and spinal cord dysfunction (e.g., anterior spinal artery syndrome, arachnoiditis, cauda equina syndrome, in rare cases paresis and paraplegia), have been associated with regional anaesthesia. Neurological effects may be related to local anaesthetic techniques, with or without a contribution from the drug.

**High or Total Spinal Blockade:** In the practice of caudal or lumbar epidural block, occasional unintentional penetration of the subarachnoid space by the catheter may occur, resulting in High or Total Spinal Blockage. Subsequent adverse effects may depend partially on the amount of drug administered subdurally.

Extensive loss of motor and sensory functions, loss of consciousness, and cardiovascular and respiratory depression may happen. The cardiovascular depression is caused by extensive sympathetic blockade which may result in profound hypotension and bradycardia, or even cardiac arrest. Respiratory depression is caused by blockade of the innervation of the respiratory muscles, including the diaphragm.

**DRUG INTERACTIONS**

**Drug-Drug Interactions**

See WARNINGS AND PRECAUTIONS concerning solutions containing a vasoconstrictor.

Bupivacaine should be used cautiously in persons with known drug allergies or sensitivities.

Local anaesthetics and agents structurally related to amide-type local anaesthetics
Bupivacaine should be used with caution in patients receiving other amide-type local anaesthetics such as lidocaine, ropivacaine, mepivacaine and prilocaine since the toxic effects are additive.
**Antiarrhythmic Drugs**
Bupivacaine should also be used with caution with structurally related agents such as the antiarrhythmics, procainamide, disopyramide, tocainide, mexiletine and flecainide.

**Class III Antiarrhythmic drugs**
Specific interaction studies with bupivacaine and class III anti-arrhythmic drugs (e.g. amiodarone) have not been performed, but caution is advised. Patients being treated with class III anti-arrhythmic drugs should be under close surveillance and ECG monitoring since cardiac affects may be additive.

**Ergot-Containing Drugs**
Bupivacaine with epinephrine or other vasopressors or vasoconstrictors should not be used concomitantly with ergot-type oxytocic drugs, because a severe persistent hypertension may occur and cerebrovascular and cardiac accidents are possible.

**Monoamine Oxidase (MAO) Inhibitors**
Bupivacaine with epinephrine or other vasopressors or vasoconstrictors should be used with extreme caution in patients receiving monoamine oxidase (MAO) inhibitors because severe prolonged hypertension may result. In situations when concurrent therapy is necessary, careful patient monitoring is essential.

**Antidepressants (triptiline, imipramine)**
Bupivacaine with epinephrine or other vasopressors or vasoconstrictors should be used with extreme caution in patients receiving antidepressants of the triptiline or imipramine types because severe prolonged hypertension may result. In situations when concurrent therapy is necessary, careful patient monitoring is essential.

**Neuroleptics (phenothiazines)**
Neuroleptics such as phenothiazines may oppose the vasoconstrictor effects of epinephrine resulting in hypotensive responses and tachycardia.

**Sedatives**
If sedatives are used to reduce patient apprehension, they should be used in reduced doses, since local anaesthetic agents, like sedatives, are central nervous system depressants which in combination may have an additive effect.

**General Anaesthetics- Inhalation agents (halothane, enflurane)**
Solutions containing epinephrine should be used with caution in patients undergoing general anaesthesia with inhalation agents such as halothane and enflurane, due to the risk of serious dose-related cardiac arrhythmias. In deciding whether to use these products concurrently in the same patient, the combined action of both agents upon the myocardium, the concentration and volume of vasoconstrictor used, and the time since injection, when applicable, should be taken into account.

Prior use of chloroprocaine, or any other local anaesthetic, may interfere with subsequent use of bupivacaine. Because of this, and because safety of intercurrent use with bupivacaine and other local anaesthetics has not been established, such use is not recommended.
**H₂-antagonists**
The H₂-antagonists cimetidine and ranitidine have been shown to reduce the clearance of bupivacaine; ranitidine to a lesser degree than cimetidine. Concomitant administration may increase likelihood of toxicity of bupivacaine.

**Drug-Food Interactions**
Interactions of bupivacaine with food have not been established.

**Drug-Herb Interactions**
Interactions of bupivacaine with herbal products have not been established.

**Drug-Laboratory Interactions**
Interactions of bupivacaine with laboratory tests have not been established.

**Drug-Lifestyle Interactions**
Driving and Operating Machinery: Besides the direct anaesthetic effect, local anaesthetics may have a very mild effect on mental function and co-ordination even in the absence of overt CNS toxicity and may temporarily impair locomotion and alertness. Patients should be cautioned about driving a vehicle or operating potentially hazardous machinery on the day they receive local anaesthetic treatment.
DOSAGE AND ADMINISTRATION

Note: SteriMax Inc is currently not marketing bupivacaine hydrochloride with epinephrine solutions.

Dosing Considerations

General
The dosage varies and depends upon the area to be anaesthetized, the number of neuronal segments to be blocked, the depth of anaesthesia and degree of muscle relaxation required, individual tolerance, tissue vascularity, and the technique of anaesthesia. The lowest concentration of anaesthetic and the lowest dosage needed to provide effective anaesthesia should be administered. The rapid injection of a large volume of local anaesthetic solution should be avoided and fractional doses should be used when feasible. In general, complete block of all nerve fibres in large nerves requires the higher concentrations of drug. In smaller nerves, or when a less intense block is required (e.g., in the relief of labour pain), the lower concentrations are indicated. The volume of drug used will affect the extent of spread of anaesthesia.

The use of bupivacaine with epinephrine will prolong the anaesthetic action.

There have been adverse event reports of irreversible chondrolysis in patients receiving intra-articular infusions of local anaesthetics following arthroscopic and other surgical procedures. BUPIVACAINE INJECTION BP is not approved for this use (see WARNINGS AND PRECAUTIONS, General).

Special Populations

Local anaesthetics should be used with caution in patients in poor general condition due to aging or other compromising factors such as advanced liver disease or severe renal dysfunction although regional anaesthesia is frequently indicated in these patients.

Debilitated, elderly patients and acutely ill patients should be given reduced doses commensurate with their age and physical condition.

Recommended Dose and Dosage Adjustment

Adults: The dosages in Table 1 are recommended as a guide for use in the average adult for the more commonly used techniques. The clinician’s experience and knowledge of the patient’s physical condition are of importance in calculating the required dose.

When prolonged blocks are used, the risks of reaching a toxic plasma concentration or inducing a local neural injury must be considered. The maximum dosage limit must be determined by evaluating the size and physical condition of the patient and considering the usual rate of systemic absorption from a specific injection site. Experience to date indicates that 400 mg administered over 24 hours is well
tolerated in average adults. Until further experience is gained, this dose should not be exceeded in 24 hours.

In order to avoid intravascular injection, aspiration should be repeated prior to and during administration of the main dose, which should be injected slowly or in incremental doses, at a rate of 25-50 mg/min, while closely observing the patient’s vital functions and maintaining verbal contact. An inadvertent intravascular injection may be recognized by a temporary increase in heart rate and an accidental intrathecal injection by signs of a spinal block. If toxic symptoms occur, the injection should be stopped immediately.

Table 1: Dosage recommendations in adults for Bupivacaine hydrochloride with or without epinephrine isotonic solutions.

<table>
<thead>
<tr>
<th>TYPE OF BLOCK</th>
<th>CONC. (%)</th>
<th>EACH DOSE mL</th>
<th>mg</th>
<th>ONSET (min.)</th>
<th>DURATION (h) Without epinephrine</th>
<th>INDICATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Local infiltration</td>
<td>0.25</td>
<td>up to 60 ²</td>
<td>up to 150 ³</td>
<td>1-3</td>
<td>3-4</td>
<td>Surgical operations and postoperative analgesia.</td>
</tr>
<tr>
<td></td>
<td>0.5</td>
<td>up to 30 ³</td>
<td>up to 150 ³</td>
<td>1-3</td>
<td>4-8</td>
<td></td>
</tr>
<tr>
<td>Epidural</td>
<td>0.5 ² °**</td>
<td>3-5</td>
<td>15-25</td>
<td></td>
<td></td>
<td>Test dose.</td>
</tr>
<tr>
<td>Lumbar epidural a</td>
<td>0.25</td>
<td>6-15</td>
<td>15-37.5</td>
<td>2-5</td>
<td>1-2</td>
<td>Labour and postoperative pain relief.</td>
</tr>
<tr>
<td></td>
<td>0.5</td>
<td>15-30</td>
<td>75-150</td>
<td>15-30</td>
<td>2-3</td>
<td>Surgical operations including Caesarean Section.</td>
</tr>
<tr>
<td>Thoracic epidural a</td>
<td>0.25</td>
<td>5-15</td>
<td>12.5-37.5</td>
<td>10-15</td>
<td>1.5-2</td>
<td>Surgical operations.</td>
</tr>
<tr>
<td></td>
<td>0.5</td>
<td>5-10</td>
<td>25-50</td>
<td>10-15</td>
<td>2-3</td>
<td></td>
</tr>
<tr>
<td>Caudal epidural a</td>
<td>0.25</td>
<td>20-30</td>
<td>50-75</td>
<td>20-30</td>
<td>1-2</td>
<td>Pain relief and diagnostic use.</td>
</tr>
<tr>
<td></td>
<td>0.5</td>
<td>20-30</td>
<td>100-150</td>
<td>15-30</td>
<td>2-3</td>
<td>Surgical operations and postoperative analgesia.</td>
</tr>
<tr>
<td>Intercostal (per nerve)</td>
<td>0.5</td>
<td>2-3</td>
<td>10-15</td>
<td>3-5</td>
<td>4-8</td>
<td>Pain relief for surgery, postoperative and trauma.</td>
</tr>
<tr>
<td>Brachial Plexus</td>
<td>0.5</td>
<td>30</td>
<td>150</td>
<td>15-30</td>
<td>4-8</td>
<td>Surgical operations.</td>
</tr>
<tr>
<td>Sciatic</td>
<td>0.5</td>
<td>10-20</td>
<td>50-100</td>
<td>15-30</td>
<td>4-8</td>
<td>Surgical operations.</td>
</tr>
<tr>
<td>Digital a</td>
<td>0.25</td>
<td>1-5</td>
<td>2.5-12.5</td>
<td>2-5</td>
<td>3-4</td>
<td>Surgical operations.</td>
</tr>
<tr>
<td>Peripheral nerves</td>
<td>0.25</td>
<td>up to 40 ²</td>
<td>up to 100 ³</td>
<td>10-20</td>
<td>3-5</td>
<td>Therapeutic (pain relief).</td>
</tr>
<tr>
<td></td>
<td>0.5</td>
<td>up to 30 ³</td>
<td>up to 150 ³</td>
<td>5-10</td>
<td>4-8</td>
<td>Surgical operations.</td>
</tr>
<tr>
<td>Sympathetic e Stellate block</td>
<td>0.25</td>
<td>5-15</td>
<td>12.5-37.5</td>
<td>10-20</td>
<td>3-6</td>
<td>Ischemic conditions or sympathetic maintained pains e.g., visceral pain conditions such as pancreatitis or cancer, pain</td>
</tr>
<tr>
<td>Lumbar Paravertebral block</td>
<td>0.25</td>
<td>10-20</td>
<td>25-50</td>
<td>10-20</td>
<td>3-6</td>
<td></td>
</tr>
</tbody>
</table>
Note: There have been adverse event reports of irreversible chondrolysis in patients receiving intra-articular infusions of local anaesthetics following arthroscopic and other surgical procedures. Bupivacaine hydrochloride is not approved for this use (see WARNINGS AND PRECAUTIONS, General).

a For epidural blocks, dose includes test dose.
b No more than 400 mg in 24 hours.
c With epinephrine 1:200,000 (5 μg/mL).
d Without epinephrine.
e See WARNINGS AND PRECAUTIONS

**Note: SteriMax Inc is currently not marketing bupivacaine hydrochloride with epinephrine solutions.

Children: Until further experience is gained, bupivacaine is not recommended for children younger than two years of age.

For bolus administration or intermittent injections, unless stated otherwise (see Table 2), a dose of up to 2 mg/kg of bupivacaine hydrochloride with or without epinephrine is recommended. The dose administered will depend on the age and body weight of the patient, the site of surgery, and the condition of the patient. The addition of epinephrine will prolong the duration of the block by 50-100%.

**Table 2 Dosage recommendations in children (over two years of age) for bupivacaine hydrochloride with or without epinephrine isotonic solutions.**

<table>
<thead>
<tr>
<th>TYPE OF BLOCK</th>
<th>CONC. (%)</th>
<th>EACH DOSE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>mL/kg</td>
<td>mg/kg</td>
</tr>
<tr>
<td>Local infiltration</td>
<td>0.25</td>
<td>up to 0.8</td>
</tr>
<tr>
<td></td>
<td>0.5</td>
<td>up to 0.4</td>
</tr>
<tr>
<td>Caudal epidural&lt;sup&gt;c&lt;/sup&gt;</td>
<td>0.25</td>
<td>0.5</td>
</tr>
<tr>
<td>- Lumbosacral</td>
<td>0.25</td>
<td>0.6-1.0</td>
</tr>
<tr>
<td>- Thoracolumbar</td>
<td>0.25</td>
<td>0.5-1.0</td>
</tr>
<tr>
<td>Lumbar epidural</td>
<td>0.25</td>
<td>0.3-0.5</td>
</tr>
<tr>
<td></td>
<td>0.5</td>
<td></td>
</tr>
<tr>
<td>Dorsal (penile)</td>
<td>0.25&lt;sup&gt;a&lt;/sup&gt;</td>
<td>0.1-0.2</td>
</tr>
<tr>
<td></td>
<td>0.5&lt;sup&gt;a&lt;/sup&gt;</td>
<td>0.1-0.2</td>
</tr>
<tr>
<td>Intercostal</td>
<td>0.25&lt;sup&gt;b&lt;/sup&gt;</td>
<td>0.8-1.2</td>
</tr>
<tr>
<td></td>
<td>0.5&lt;sup&gt;b&lt;/sup&gt;</td>
<td>0.4-0.6</td>
</tr>
</tbody>
</table>

NOTE: The use of bupivacaine hydrochloride with or without epinephrine for anaesthesia and/or analgesia may be supplementary to light general anaesthesia.

a Without epinephrine.
b With epinephrine 1:200,000 (5 μg/mL).
c Consider both age and weight for calculation of dosages.
d Onset: 20-30 minutes, Duration: 2-6 hours.

**Note: SteriMax Inc is currently not marketing bupivacaine hydrochloride with epinephrine solutions.**
Use in Epidural Anaesthesia
When an epidural dose is to be injected, a test dose of a local anaesthetic is recommended (see WARNINGS AND PRECAUTIONS). Bupivacaine hydrochloride 0.5\% with epinephrine (Table 1), or 3-5 mL lidocaine with epinephrine, can be used if a vasoconstrictor is not contraindicated. Verbal contact and repeated monitoring of heart rate and blood pressure should be maintained for five minutes after the test dose. In the absence of signs of subarachnoid or intravascular injection, the main dose may be given.

During epidural administration, bupivacaine should be administered slowly in incremental doses of 3 to 5 mL, with sufficient time between doses to detect toxic manifestations of unintentional intravascular or intrathecal injection.

OVERDOSAGE

For management of a suspected drug overdose, contact your regional Poison Control Centre for the most current information.

Local anaesthetic systemic toxicity is generally related to high plasma levels encountered during therapeutic use, or to unintended subarachnoid or intravascular injection, exceptionally rapid absorption from highly vascularized areas or overdosage and originates mainly in the central nervous and the cardiovascular systems (see ADVERSE REACTIONS and WARNINGS AND PRECAUTIONS). Central nervous system reactions are similar for all amide local anaesthetics, while cardiac reactions are more dependent on the drug, both quantitatively and qualitatively.

Symptoms
Accidental intravascular injections of local anaesthetics may cause immediate (within seconds to a few minutes) systemic toxic reactions. In the event of overdose, systemic toxicity appears later (15-60 minutes after injection) due to the slower increase in local anaesthetic blood concentration.

Central nervous system toxicity is a graded response with symptoms and signs of escalating severity. The first symptoms are usually circumoral paresthesia, numbness of the tongue, lightheadedness, hyperacousis, tinnitus and visual disturbances. Dysarthria, muscular twitching or tremors are more serious and precede the onset of generalized convulsions. These signs must not be mistaken for a neurotic behaviour. Unconsciousness and grand mal convulsions may follow which may last from a few seconds to several minutes. Hypoxia and hypercarbia occur rapidly following convulsions due to the increased muscular activity, together with the interference with normal respiration and loss of the airway. In severe cases apnoea may occur. Acidosis, hyperkalaemia, hypocalcaemia and hypoxia increase and extend the toxic effects of local anaesthetics.

Recovery is due to redistribution and subsequent metabolism and excretion of the local anaesthetic drug. Recovery may be rapid unless large amounts of the drug have been administered.

Cardiovascular system toxicity may be seen in severe cases and is generally preceded by signs of toxicity in the central nervous system. In patients under heavy sedation or receiving a general anaesthetic, prodromal CNS symptoms may be absent. Hypotension, bradycardia, arrhythmia and even
cardiac arrest may occur as a result of high systemic concentrations of local anaesthetics, but in rare cases cardiac arrest has occurred without prodromal CNS effects.

Cardiovascular toxic reactions are usually related to depression of the conduction system of the heart and myocardium, leading to decreased cardiac output, hypotension, heart block, bradycardia and sometimes ventricular arrhythmias, including ventricular tachycardia, ventricular fibrillation and cardiac arrest.

In children, early signs of local anaesthetic toxicity may be difficult to detect in cases where the block is given during general anaesthesia.

Treatment
The first consideration is prevention, best accomplished by careful and constant monitoring of cardiovascular and respiratory vital signs and the patient’s state of consciousness after each local anaesthetic injection. If signs of acute systemic toxicity appear, injection of the local anaesthetic should be immediately stopped.

The first step in the management of systemic toxic reactions, as well as underventilation or apnoea due to unintentional subarachnoid injection of drug solution, consists of immediate attention to the establishment and maintenance of a patent airway and assisted or controlled ventilation with 100% oxygen and a delivery system capable of permitting immediate positive airway pressure by mask or endotracheal intubation. This may prevent convulsions if they have not already occurred.

CNS symptoms (convulsion, CNS depression) must promptly be treated with appropriate airway/respiratory support and the administration of anticonvulsant drugs.

If cardiovascular depression occurs (hypotension, bradycardia), appropriate treatment with intravenous fluids, vaspressors and/or inotropic agents should be considered as per standard practice guidance. Children should be given appropriate treatment in doses commensurate with their age and weight.

Lipid emulsion formulations should be made immediately available as part of the anaesthetic emergency preparedness in the health care facility. When symptoms and signs of local anaesthetic system toxicity are observed, lipid emulsion therapy should be considered if clinical events warrant intervention and after the airway is secured.

Should cardiac arrest occur, immediate cardiopulmonary resuscitation should be instituted. Optimal oxygenation and ventilation and circulatory support as well as treatment of acidosis are of vital importance, since hypoxia and acidosis will increase the systemic toxicity of local anaesthetics. A successful resuscitation may require prolonged efforts.

The supine position is dangerous in pregnant women at term because of aortocaval compression by the gravid uterus. Therefore, during treatment of systemic toxicity, maternal hypotension or foetal bradycardia following regional block, the parturient should be maintained in the left lateral decubitus position if possible, or manual displacement of the uterus off the great vessels should be accomplished. Resuscitation of obstetrical patients may take longer than resuscitation of nonpregnant patients and
closed-chest cardiac compression may be ineffective. Rapid delivery of the foetus may improve the response to resuscitative efforts.

**ACTION AND CLINICAL PHARMACOLOGY**

Bupivacaine is a long-acting, amide-type local anaesthetic with both anaesthetic and analgesic effects. At high doses it produces surgical anaesthesia, while at lower doses it produces sensory block (analgesia) with less pronounced motor block.

**Mechanism of Action**
As with other local anaesthetics, bupivacaine causes a reversible blockade of impulse propagation along nerve fibres by preventing the inward movement of sodium ions through the cell membrane of the nerve fibres. The sodium channel of the nerve membrane is considered a receptor for local anaesthetic molecules.

**Onset and Duration of Action**
As with other local anaesthetics, the onset and duration of action depends on the injection site, the route of administration and the concentration and volume of anaesthetic (see Table 1, DOSAGE AND ADMINISTRATION). It has also been noted that there is a period of analgesia that persists after the return of sensation, during which time the need for potent analgesics is reduced. The presence of epinephrine may prolong the duration of action for infiltration and peripheral nerve blocks but has less marked effect on epidural blocks.

Bupivacaine hydrochloride has a long duration of action of 2-5 hours following a single epidural injection and up to 12 hours after peripheral nerve blocks. The onset of blockade is slower than with lidocaine, especially when anaesthetizing large nerves. When used in low concentrations, i.e., 0.25%, there is less effect on motor nerve fibres and the duration of action is shorter.

**Hemodynamics**
Bupivacaine, like other local anaesthetics, may also have effects on other excitable membranes e.g. in the brain and myocardium. If excessive amounts of drug reach the systemic circulation rapidly, symptoms and signs of toxicity will appear, emanating mainly from the central nervous and cardiovascular systems.

Central nervous system toxicity (see OVERDOSAGE) usually precedes the cardiovascular effects as central nervous system toxicity occurs at lower plasma concentrations. Direct effects of local anaesthetics on the heart include slow conduction, negative inotropism and eventually cardiac arrest.

Indirect cardiovascular effects (hypotension, bradycardia) may occur after epidural administration depending on the extent of the concomitant sympathetic block.

**Pharmacokinetics**

**Absorption:** The plasma concentration of local anaesthetics is dependent upon the dose, the route of administration, the patient's hemodynamic/circulatory condition, and the vascularity of the injection site. The addition of epinephrine to bupivacaine may decrease the peak plasma concentration, whereas the
time to peak plasma concentration usually is little affected. The effect varies with the type of block, dose and concentration.

Peak levels of bupivacaine in the blood are reached in 20 to 45 minutes, depending on injection site and type of block. A decline to insignificant levels is achieved during the next three to six hours. Intercostal blocks give the highest peak plasma concentration due to a rapid absorption (maximum plasma concentrations in the order of 1-4 mg/L after a 400 mg dose), while subcutaneous abdominal injections give the lowest plasma concentration. Epidural and major plexus blocks are intermediate. In children, rapid absorption and high plasma concentrations (in the order of 1-1.5 mg/L after a dose of 3 mg/kg) are seen with caudal block.

Bupivacaine shows complete, biphasic absorption from the epidural space with plasma half-lives in the order of seven minutes after initial administration, slowing to six hours over time. The slow absorption is rate-limiting in the elimination of bupivacaine, which explains why the apparent elimination half-life after epidural administration is longer than after intravenous administration.

**Distribution:** Bupivacaine has a total plasma clearance of 0.58 L/min a volume of distribution at steady state of 73 L.

Bupivacaine readily crosses the placenta and equilibrium in regard to the unbound concentration is rapidly reached. The degree of plasma protein binding in the foetus is less than in the mother, which results in lower total plasma concentrations in the foetus than in the mother. The free concentration, however, is the same in both mother and foetus.

In adults the protein-binding capacity of bupivacaine is high at 96%. Generally, the lower the plasma concentration of drug, the higher the percentage of drug bound to plasma proteins. Bupivacaine is mainly bound to alpha-1-acid glycoprotein.

An increase in total plasma concentration has been observed during continuous epidural infusion for postoperative pain relief. This is related to a postoperative increase in alpha-1-acid glycoprotein. The unbound, i.e. pharmacologically active, concentration is similar before and after surgery.

**Metabolism:** Bupivacaine is extensively metabolized in the liver predominantly by aromatic hydroxylation to 4-hydroxy-bupivacaine and N-dealkylation to 2,6-pipicoloxylidine (PPX), both mediated by cytochrome P450 3A4.

**Excretion:** The terminal half-life of bupivacaine in adults is 2.7 hours, and in neonates it is prolonged up to eight hours. Bupivacaine has an intermediate hepatic extraction ratio of 0.38 after i.v. administration. In children between 1 to 7 years the pharmacokinetics are similar to those in adults. The elderly may have a prolonged half-life.

The kidney is the main excretory organ for most local anaesthetics and their metabolites. About 1% of bupivacaine is excreted in the urine as unchanged drug in 24 h and approximately 5% as PPX. The plasma concentrations of PPX and 4-hydroxy-bupivacaine during and after continuous administration of bupivacaine are low as compared to the parent drug.
Clearance of bupivacaine is almost entirely due to liver metabolism and more sensitive to changes in intrinsic hepatic enzyme function than to liver perfusion.

**STORAGE AND STABILITY**
Store BUPIVACAINE INJECTION BP at 15-30°C. Do not freeze. Do not use if solution is coloured or contains a precipitate.

**SPECIAL HANDLING INSTRUCTIONS**
BUPIVACAINE INJECTION BP solution in glass vials may be autoclaved for 15 - 20 minutes at 121°C.

BUPIVACAINE INJECTION BP is without preservative and is for single use only. Discard unused portion.

Adequate precautions should be taken to avoid prolonged contact between local anaesthetic solutions containing epinephrine (low pH) and metal surfaces (e.g., needles or metal parts of syringes), since dissolved metal ions, particularly copper ions, may cause severe local irritation (swelling, oedema) at the site of injection and accelerate the degradation of epinephrine.

**DOSAGE FORMS, COMPOSITION AND PACKAGING**

**Dosage Forms**

BUPIVACAINE INJECTION BP is a sterile isotonic solution.

The pKa of bupivacaine (8.1) is similar to that of lidocaine. However, bupivacaine possesses a greater degree of lipid solubility and is protein bound (95%) to a greater extent than lidocaine (64%).

The solubility of bupivacaine is limited at pH > 6.5. This must be taken into consideration when alkaline solutions, i.e., carbonates, are added since precipitation might occur. In the case of epinephrine-containing solutions, mixing with alkaline solutions may cause rapid degradation of epinephrine.

**Composition**

**Active Ingredients:**
- bupivacaine hydrochloride (mg/mL) 2.5 5

**Non-medicinal Ingredients:**
- sodium chloride (for isotonicity)
- water for injection
- sodium hydroxide and/or hydrochloric acid to adjust pH to 4.0-6.5

**Packaging**
The 0.25% (2.5 mg/mL) and 0.5% (5 mg/mL) BUPIVACAINE INJECTION BP are available in 10 and 20 mL vials.
PART II: SCIENTIFIC INFORMATION

PHARMACEUTICAL INFORMATION

Bupivacaine Hydrochloride

| Proper Name : | bupivacaine hydrochloride |
| Chemical Name : | 2-Piperidinecarboxamide, 1-butyl-N-(2,6-dimethylphenyl), monohydrochloride, monohydrate, (±) |
| Molecular Formula and Molecular Mass : | C_{18}H_{28}N_{2}O•HCl•H_{2}O and 342.9 |
| Structural Formula : | ![Structural Formula](image) |

Physicochemical Properties : White crystalline powder. Soluble in water and freely soluble in alcohol. Slightly soluble in chloroform and in acetone. Melting point approximately 258.5°C.

DETAILED PHARMACOLOGY
The mechanism of action for bupivacaine hydrochloride as for other local anaesthetics is that it blocks the generation and the conduction of nerve impulses. The threshold potential of the nerve fibre is mainly unchanged and there is a decrease in rate of rise of the action potential. When the depolarization is not sufficient to reach the threshold potential, the consequence will be conduction block.

After injection of bupivacaine in humans, peak blood levels are reached in 20 to 45 minutes depending on injection site and type of block. A decline to insignificant levels is achieved during the next three to six hours. The terminal half-life of bupivacaine in adults is 2.7 hours and in neonates it is prolonged up to eight hours. In children between 1 to 7 years the pharmacokinetics are similar to those in adults.

As for other local anaesthetics, bupivacaine is metabolized in the liver predominantly by aromatic hydroxylation to 4-hydroxy-bupivacaine and N-dealkylation to 2,6-pipecoloxylidine (PPX), both mediated by cytochrome P450 3A4. The metabolites have a pharmacological activity that is less than that of bupivacaine. Bupivacaine and the metabolites are excreted mainly via the kidneys.

TOXICOLOGY
Acute toxicity (LD_{50}) after single intravenous and subcutaneous administration in mice and rats and after intraperitoneal administration in mice are shown in Table 4. Lethal doses after intravenous injection in rabbits and dogs are shown in Table 5.

Bupivacaine Injection BP
Table 4  Lethal Toxicity in mice and rats after single administration of bupivacaine

<table>
<thead>
<tr>
<th>Animals</th>
<th>No.</th>
<th>Route of Administration</th>
<th>LD$_{50}$ (mg/kg) and Standard Error</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mice (NMRI)</td>
<td>36</td>
<td>i.v.</td>
<td>7.3 ± 1.0</td>
</tr>
<tr>
<td></td>
<td>31</td>
<td>s.c.</td>
<td>53 ± 5</td>
</tr>
<tr>
<td>Rats (Sprague-Dawley)</td>
<td>36</td>
<td>i.v.</td>
<td>5.6 ± 0.2</td>
</tr>
<tr>
<td></td>
<td>40</td>
<td>s.c.</td>
<td>48 ± 3</td>
</tr>
<tr>
<td>Mice (Charles River)</td>
<td>41</td>
<td>i.p.</td>
<td>58.7 ± 2.0</td>
</tr>
</tbody>
</table>

Table 5  Lethal toxicity in rabbits and dogs after administration of bupivacaine.

<table>
<thead>
<tr>
<th>Animals</th>
<th>No.</th>
<th>Route of Administration</th>
<th>LD$_{50}$ (mg/kg) and Standard Error</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rabbits</td>
<td>8</td>
<td>i.v.</td>
<td>6.9 ± 0.7</td>
</tr>
<tr>
<td>Dogs</td>
<td>5</td>
<td>i.p.</td>
<td>20.4$^a$ ± 2.4</td>
</tr>
</tbody>
</table>

$^a$cumulative dose

Seizure threshold for bupivacaine in Rhesus monkeys was found to be 4.4 mg/kg with a mean arterial plasma concentration of 4.5 μg/mL.

Some tissue irritation has been seen in rabbits after intracutaneous administration of bupivacaine (0.2-1%). Muscular atrophy appeared after repeated intramuscular injection into one and the same muscle. However, three weeks after administration, the regeneration of the affected muscle appeared to be almost complete.

Epidural injections of bupivacaine (0.25-1%) to cats did not reveal any morphological changes of the spinal cords. Spinal subarachnoid injections of bupivacaine (0.5%) in the cynomolgus monkey did not demonstrate any treatment-related damage.
REFERENCES


PART III: CONSUMER INFORMATION

BUPIVACAINE INJECTION BP
Bupivacaine hydrochloride 0.25% (2.5 mg/mL) and 0.5% (5 mg/mL)

This leaflet is part III of a three-part "Product Monograph" published when BUPIVACAINE INJECTION BP is approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about BUPIVACAINE INJECTION BP. Contact your doctor or pharmacist if you have any questions about the drug.

ABOUT THIS MEDICATION

WHAT THE MEDICATION IS USED FOR:
BUPIVACAINE INJECTION BP is used to anaesthetise part of the body for surgical operations and also for pain relief, and can be used:
- To anaesthetise the area of the body where surgery is to be performed;
- To provide pain relief in labour and after surgery or acute injury

WHAT IT DOES:
BUPIVACAINE INJECTION BP acts by temporarily preventing the nerves in the injected area from transmitting sensations of pain, heat or cold. However, you may still experience sensations such as pressure and touch. In this way the nerve(s) is anaesthetised/numbed in the part of the body, which will be subjected to surgery. In many cases this means that the nerves to the muscles in the area will also be blocked, causing temporary weakness or paralysis.

WHEN IT SHOULD NOT BE USED:
BUPIVACAINE INJECTION BP should not be used in patients who are allergic to:
- bupivacaine hydrochloride
- any other "-caine" type anaesthetics
- any of the non-medicinal ingredients in the product (see WHAT THE NONMEDICINAL INGREDIENTS ARE below)

WHAT ARE THE NONMEDICINAL INGREDIENTS:
BUPIVACAINE INJECTION BP contains sodium chloride, sodium hydroxide and/or hydrochloric acid and water for injection.

WHAT DOSAGE FORMS IT COMES IN:
BUPIVACAINE INJECTION BP is a sterile solution packed in single-use glass vials and available in 2 strengths:
- 0.25% (2.5 mg/mL)
- 0.5% (5 mg/mL)

WARNINGS AND PRECAUTIONS

You should talk to your doctor prior to surgery:
- about health problems you have now or have had in the past;
- about other medicines you take, including ones you can buy without prescription;
- if you are taking other medicines such as drugs used to treat irregular heart activity (anti-arrhythmics);
- if you have ever had a bad, unusual allergic reaction to bupivacaine or any other medicines ending with "-caine";
- if you think you may be allergic or sensitive to any ingredients in BUPIVACAINE INJECTION BP (see above).
- if you have heart, liver or kidney disease;
- if you are pregnant, plan to become pregnant or are breastfeeding;
- if you are planning to drive or operate any tools or machinery on the day of surgery, because BUPIVACAINE INJECTION BP may temporarily interfere with your reactions and muscular coordination

Because of the potential for irreversible joint damage, pain following joint surgery should not be managed by infusing BUPIVACAINE INJECTION BP into the joint (i.e. by use of a post-operative “pain pump”).

BUPIVACAINE INJECTION BP is not recommended to be used in children under 2 years of age.

WHAT THE MEDICINAL INGREDIENTS ARE:
Bupivacaine hydrochloride.
INTERACTIONS WITH THIS MEDICATION

Many drugs interact with BUPIVACAINE INJECTION BP. Tell your doctor about all prescription, over-the-counter and natural health products that you are using (See WARNINGS AND PRECAUTIONS above).

Drugs that may interact with BUPIVACAINE INJECTION BP include:

- Anti-arrhythmic drugs for heart problems (e.g. mexiletine, amidoarone);
- Other local anesthetics;
- Drugs to treat heartburn such as cimetidine and ranitidine.

Usage of such medicines at the same time as BUPIVACAINE INJECTION BP may increase risk of serious side effects.

PROPER USE OF THIS MEDICATION

USUAL DOSE:
BUPIVACAINE INJECTION BP should be administered by a doctor. The dose given is decided by the doctor based on the clinical need and your physical condition.

OVERDOSE:
In case of drug overdose, contact a health care practitioner, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

Serious adverse effects resulting from an overdose are extremely rare and need special treatment. The doctor is trained and equipped to handle such situations.

The first signs that too much BUPIVACAINE INJECTION BP has been given usually take the form of lightheadedness, numbness of the lips and around the mouth, numbness of the tongue, hearing disturbances, tingling in the ears, and visual disturbances. Tell your doctor immediately if you notice any of these symptoms. Speech symptoms, muscular twitching or tremors are more serious.

In the event of serious overdose or a misplaced injection, trembling, seizures or unconsciousness may occur.

If the administration of BUPIVACAINE INJECTION BP is stopped as soon as early signs of overdose appear, the risk of serious adverse effects rapidly decreases.

SIDE EFFECTS AND WHAT TO DO ABOUT THEM

Like any medication, BUPIVACAINE INJECTION BP may cause side effects in some people.

Medicines affect different people in different ways. Just because side effects have occurred in some patients, does not mean that you will get them.

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM

<table>
<thead>
<tr>
<th>Symptom/effect</th>
<th>Talk with your doctor</th>
<th>Seek immediate emergency assistance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very Common</td>
<td>Feeling of sickness/nausea</td>
<td>X</td>
</tr>
<tr>
<td>Lowering of blood pressure</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Common</td>
<td>Abnormal sensations (pins and needles)</td>
<td>X</td>
</tr>
<tr>
<td>Decreased heart rate</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Difficulties in urinating</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Dizziness</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Elevated blood pressure*</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Vomiting</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>Rare</td>
<td>Allergic reactions such as: facial swelling, difficulties in breathing</td>
<td>X</td>
</tr>
<tr>
<td>double vision</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>heart rate is irregular or skips a beat</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>nerve injury, paralysis or tingling of the extremities, weakness</td>
<td>X</td>
<td></td>
</tr>
</tbody>
</table>

* To determine if you have elevated blood pressure stop by your local pharmacy to take a reading with their machine.

This is not a complete list of side effects. For any unexpected effects while taking BUPIVACAINE INJECTION BP, contact your doctor.

HOW TO STORE IT

Your doctor or the hospital will normally store BUPIVACAINE INJECTION BP. The staff is responsible for storing, dispensing and disposing of BUPIVACAINE INJECTION BP in the correct way.
Reporting Side Effects
You can help improve the safe use of health products for Canadians by reporting serious and unexpected side effects to Health Canada. Your report may help to identify new side effects and change the product safety information.

3 ways to report:
- Online at MedEffect;
- By calling 1-866-234-2345 (toll-free);
- By completing a Consumer Side Effect Reporting Form and sending it by:
  - Fax to 1-866-678-6789 (toll-free), or
  - Mail to: Canada Vigilance Program
            Health Canada,
            Postal Locator 0701E
            Ottawa, ON K1A 0K9

Postage paid labels and the Consumer Side Effect Reporting Form are available at MedEffect.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical

MORE INFORMATION

This document plus the full product monograph, prepared for health professionals can be found at: http://www.sterimaxinc.com or by contacting the sponsor, SteriMax Inc., at: 1-877-546-7667

This leaflet was prepared by SteriMax Inc.

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